

# Pre-Procedure Instructions

## A. Before Your Procedure

1. DO NO EAT, DRINK, OR SMOKE AFTER MIDNIGHT THE EVENING BEFORE YOUR PROCEDURE. NO BREAKFAST, NOT EVEN A GLASS OF WATER, CHEWING GUM, OR HARD CANDY, as this could delay or postpone your procedure.
2. Please check with the physician's office as to what medications should be withheld. If you are able to take your oral medications the morning of the procedure, you may do so with a small sip of water.
3. FOR DEVICE IMPLANTS ONLY: Please shower or bathe the night before and the morning of the procedure with the provided Chlorhexidine Wash (a separate Instruction sheet has been provided).  
This will be provided through the hospital or it can be purchased at DJS and Walgreens.
4. Notify your doctor if you develop any sign of illness before the procedure. Report symptoms such as: high fever, sore throat, or other infection, breathing difficulties, or chest pain.
5. Please do not bring any valuables Jewelry, money, credit cards, etc.) to the hospital.
6. If you wear glasses or hearing aids please wear them. if you wear contact lenses please bring your solution and lens case with you, or wear your glasses.
7. Wear comfortable clothing and walking shoes. Please bring a book or other diversion to help pass the time in case of delays.
8. Outpatients must make arrangements before the day of the procedure for transportation. You will not be able to drive yourself home because of the effects of the anesthesia/sedation that you may receive.
9. It is strongly recommended that all patients going home the day of the procedure have an adult at home with them for the first 24 hours.
10. Follow all pre-procedure instructions from your physician.
11. Please arrive to the hospital at your designated time. When you do arrive, please check in with the receptionist located in the main lobby on the first floor. As your procedure time nears, a nurse will bring you back to the pre-procedural area to prepare you for the procedure.

## B. After the Procedure

1. You will be brought to the recovery area, and your blood pressure, pulse, breathing and when applicable your procedural site will be checked frequently. You may have an oxygen mask or nasal cannula on your face and may be connected to a cardiac monitor. These things are routine.
2. Once your recovery time is over:
  - Patients being admitted to the hospital will be taken to a room.
  - Outpatients will be offered a beverage and a light snack. You will be expected to drink, urinate, and walk with assistance before discharge.
3. Discharge Instructions regarding post-procedure care will be given to you prior to your discharge home.